

🗣️💰 NCI SUMMARY NOTES

Session: Beyond Nursing

Date: 30th July, 2023

Anchor: Nr. Omoniyi Christianah

Good afternoon, GREAT NURSES!!!👩🏻👩🏻👩🏻

LORD JESUS, we thank you for giving us the opportunity to learn, we ask that you open the eyes of our understanding in Jesus name. AMEN!

Can you please affirm this wherever you are... I recieve CLARITY! I recieve DIRECTION! I recieve INSIGHT!  
I recieve UNDERSTANDING!

I'll need you to follow me keenly, as I would ask some questions along the line.

Your answers can earn you a gift, Who knows?🙄👩🏻👩🏻👩🏻👩🏻

Disclaimer !

I'm not a preacher of violence, But I'd advice you hold your tables well, just incase.🙄 So you won't be caught unawares.🙄🙄

I believe, there are 2 categories of nurses here today.

1. Nurses who are entrepreneurs
2. Nurses who are not entrepreneurs, and might be aspiring to be one.

Whether or not you fall into any of these categories, You'd need extra cash/extra fishes to dispense money for you.

Yay or Nay???

Oya oya, let's face it.

We are here to talk about money without mincing words. yeahh??

Don't let us make it obvious to the outside people o.🙄

Let's start with the business owners/entrepreneurs.

Scratch that!

Nursepreneurs!!!

I heard this a lot while in school.

"We sent you to school to study Nursing oo, Na cake and meat pie we dey see everywhere for your status".🙄

This is just a subtle way of my sponsors reminding me that, I am first a student/ a student Nurse for that matter and it is my responsibility to make them proud, of course myself too. 🙄

Remove all other courses, we all know MED SURG and PHARMACOLOGY is enough for you to say you are not doing again....

But you know what???

My fellow siblings in the NIGHTINGALE FAMILY.

YOU NO GET CHOICE!!!!

So, for business owners, To answer most of the questions that might be screaming on your mind right now.

You are first a student Nurse!

Very popular opinion: Nursing is hectic, and I barely have time for myself..

Nursing is hectic, I can't meet up with business.

Did you tell yourself the truth?... We'd find out. 😏👉

I agree with Nursing being demanding, But that thing you do and you termed business, Is it actually a business or a side hustle? - Answer this in your mind.

Are you building a global brand or na to just make flex money for school

And after school, it's all over??

Answer in your mind too. 🙄

I love this my aunt's catch phrase all the time. 🙄

It's a thing of the mind.

Your mind believes whatever you allow it believe...

Oh! You forgot you are in charge???

This my emoji "🙄" is a subtle bombastic side eye oo

Don't think I'm smiling here. 🙄

Because Nursing is hectic, Did that make you a mediocre in catching up with your Fav. Korean movies series????? 🙄

Hol' up, Hol' up!

I'm not about to crucify you for watching Korean movies, because I do too.

So that's not the focus. 🙄

I'm here to let you know that your belief about your life, study and business is totally your responsibility! Watch your train of thoughts.

Do you tell yourself more often than not, "I can't" " I don't think I would be able to" " I don't have the time".

Not to irrelevant things ooo

But to productive things especially your business.👀

Yesssss...(In jenifa's voice)

Oya lie na.🙄

This bombastic side eye is not a subtle one.

I remembered last year DECEMBER, It was that time of the year for reviews and plans for the new year.... I told my closing coach (one of my business coaches). I said sir, "I'm in my finals, I don't think I'll be able to do business the way I did in the past months".

I had nursing council exams coming up, I had the usual final semester exams, coupled with projects and seminars...

Guess what my oga said.🙄

After he let me know, that he was proud of me, then he said.....

**"Christie,DO THE HARD THINGS!"**

If the hard thing for you, is to let 50 people know about your business in a month, DO IT!

If your kind of hard is putting out contents thrice a week, DO IT! - You know your kind of harddddddd.🙄

Then he added, Christie there won't be a time, that you won't be so busy!.

And I felt that.

I knew it!

Because, my dear people, tell me.

When exactly will you have time for other things outside nursing???

Is it when you are running a 12hr shift, you won't be so busy for that business???

OR???

Is it when you are now a father/mother of 2, you think you will be less busy???

Me sef, I dey laff on your behalf!!😂😂😂😂

But, I'm sure you got the memo!

If we don't master our arts and take over our minds to show excellence and do better regarding our businesses now,

Then, when will that BE???

And I tell you sincerely, the earlier the better!

Shey you are still a student Nurse.

That's an advantage. STUDENT!

For some, might not be all, No responsibilities yet, No one is depending on you for daily living yet.

No pressure...

The only pressure should be practice and that's when and how growth happens.

You can make some mistakes earlier and learn your lesson, because you definitely won't have everything all figured out!

So by the time, you have children, now working, your system has already been programed that you are not made for nursing alone, You are made for MORE!!!

Your mind would've expanded its capacity for the consistently built routine over the years..

To wrap up this segment, I would list the non-negotiable things you need as a nursepreneur and we'd come back to expantiate if time permits...

1. A healthy community of fellow business owners!
2. A mentor/coaches for different purpose, if one cannot serve everything you are looking for.(Be ready to pay sha).
3. Saving habits/Finance management
4. Time and thoughts management.
5. A well deserved break/rest.>> Eat chicken and exotic once in a while as much as your capacity can carry.🍗

UPNEXT!!!!

Shebi we all agreed nursing is hard? - It's nursing that is hard na, Not my life please.🙄

My interesting breed of NIGHTINGALE.

My student Nurses who aren't entrepreneurs, but hoping to make extra cash/contribute to the society.

Become a creative one way or the other.

They are tired of being just a consumer in this our dear country...

Please lemme know if I'm speaking your mind oo..

React thumbs up, if yes.

React thumbs down, if no.

I'll tell you, the truth, not everyone is actually cut out to be an entrepreneur or a creative.

If it was so, where then is GOD'S CREATIVITY??

Everyone would be the same and life won't be as interesting...

I remember 2020, during COVID-19, I came across a one month FREE intensive online class on graphic design.

The convener was a strict person, there was no way you can't be serious, if you actually wanted to make progress..

My brothers and sisters, I finished that course, did my projects, I collected my E-certificate, I already did few designs and immediately after the online graduation.

I just knew, "This thing is not for me". Yes, I am a creativity enthusiast, anything creativity count me in

But that graphic designing wasn't it for me. And I currently pay designers for my business designs and let them do their thing!

A graphic designer once told me, I know the basics, a designer should know.

Who will tell him pe "Christie no enjoy designing ni oo". 😊

There was a lady I know, that was in that same free graphic design class.

She was the exact novice like me

3 years later,(Now her least design is 5k) She's now a pro/master at what she does.

Bonus tip: she will be 20 this year. 🤪

It was the same year, I learnt how to bake too.

Now, I dey call myself Pastry Coach amidst other names people call me sha. 🤪

It's an healthy brag oo.

I'm in the midst of nurses. 🤪🤪

Big flexxx 🤪🤪

So, if you say and you know, Not just by thinking please, You have to be sure that entrepreneurship isn't your thing before you conclude. So if entrepreneurship Is not your thing.

What exactly is your thing???

You discover, that you love helping your junior colleagues that comes to you for help regarding nursing, Be it teaching related or just a knowledge about Something outside class...

You know deep down, that you love research and you love to explore, you love going deep into those things everyone has a conclusion about that is normal.

You get angry, each time there's someone spilling a misconception about nursing and nurses??

You discover you connect more emotionally to patients, rather than just dressing their wounds and passing IV line??

You discover, you just love to help people with disabilities and make their life/living feel better??

If you are following, you probably already have tagged each of these instances with a specialty in Nursing.. 😊 Yes or No?

But the truth is, I dey try dey make you see beyond nursing, you still dey cover your eye with gauze and plaster.

"Rolls eyes". 😊

Nursing had us boxed with specialities and you are right if you call yourself a Nurse Educator for the first instance.

Go back and attach them accordingly...

The 2nd instance: A research Nurse.

The 3rd: A Nurse Activist.

The 4th: A psychiatric Nurse.

The 5th: A developmental disability Nurse.

But let me ask you, If the NURSE behind this initiative had decided to limit himself to the hospital environment.

Are we all going to be here today???? I'm sure we know the answer...

While I agree that not everyone is cut out to be entrepreneurs.

Focus on your strengths and what you know how to do beat.

Sharpen that skill, impact people, let people pay you for that priceless VALUE in you!

It can be writing (e.g freelancing).

OR

For the Nurse educator instance, you compile a material, and sell to 100 students

2k per copy, how much is that???

Is that still part of wound dressing????

Spoken words, playing instruments, singing, the list is endless.

Social media has made some of these things easier...

Your limit is YOU!

WE ARE OUR OWN LIMIT.

Oya oya, You don't want to do business abi????

Oya, Goan learn everything about INVESTMENTS!!!

Let your money work for you.

Learn about stocks..

Invest in businesses worthwhile...

Learning about investments will let you know what kind of business you can even invest in..

Buy shares with Coca cola and leave it for 1 year...

See what happens.🤔

Get your ROI to just test yourself..

Some of you can write e-books in few hours ooo...

But you are sleeping on the fact that amazon can pay you for writing...🤔🤔

Who knows a platform for investing can come from YOU!

How does the title, "An Investor Nurse Sound?

We are not just NURSES!

WE ARE MORE!!!

So is it that you are not just a creative/innovator yet?

Or you are not just yet to start doing what you are supposed to do???

With your innovative ideas, You are not just solving health problems, You are solving immediate and global problems..

So tell me, don't you still deserve to make that figure in your head???

Let me help you.

Your priceless VALUE can make you thousand of dollars, if you want.

GOD didn't give us capacities, abilities, talents and gifts to remain dormant and untouched.

Remember the parable of Talents in the bible.

I know of my junior colleague who's a Business identity designer/strategist (Wo, I don't know the title, but you gettt)

He recently posted a picture of him on nursing uniform and captioned it

"Let me NURSE your business and watch your business respond to treatment, I CARE about you and your business

Nightingale family!!!!

I felt the heat of those words when I read 'em!

This is it!

Not Nurse with a difference, with just mouth..

He works it, he talks it!!

My Affirmation plus Title! Call it hype too sha.

I AM A BAKING NURSE.

I no dey bake finish, Something is always in the oven! (Spiritually, Career wise, Financially, Impact wise)

A CHEF & A CHIEF!

You can call me Chief Chef! 😊😊☐

If you leave this class and you don't immediately take actions by writing some things, down to work on later..

It's best assumed you weren't here.☒

Because of what use is a knowledge when not applied???

I want to read testimonials of the steps taken in some weeks time/months time/years time because a class/classes were held in this initiative for your growth!...

And not just the fire emoji that will die off in 24hrs.🔥

On a more serious note!

You know when you are introducing yourself on a platform...

After all those titles... Try dey put "Registered Nurse" as the last title on your list of titles and watch people's reaction.😊

I will be entertaining questions now, Before I run away.

Question: Using practical example, at what level is it advisable to start a business as a nursing student?

Answer: If you were into business way before you got admission, you can start as early as your first day in class.😊

But if you are just starting, you can use 100l to test the waters... You'd progress as time goes on.

Masters call it practice.😊

It's amateurs that call it genius.

And business is not a destination, it's a journey.

You don't have to have it all figured out before you start.

JUST START!

I started business proper in 400!

And I regretted not starting early.

Immediately after COVID, I used a whole year to master my craft, without a brand name and without selling. That was 300!, I was just baking for fun and giving my hostelites and church members. 😊😊

Question 2: How did she balance academics and Business

Answer: That balance part ehnn..

Remember I mentioned time and thoughts management. 🙏 I was also the financial coordinator in my church.

And there is always at least a vigil or 2 to attend twice a week because of the responsibility...

So the truth and balance lies in how you manage your time.. 🙏

If I'm not baking, I'm in class, if I'm not in class, I'm in church, if I'm not in church, I'm in night class, if I'm not in night class, I'm in my room sleeping... And my sleeping time is not visitor's time. 🙏🙏

It is also not the time to gisTTTT 🙏

And again, I'm a thinker, immediately I wake up, I can fantasize for an hour if I control myself before I even pray... So you might not be wasting time doing unnecessary things.

But how do you manage your thoughts??

Are you fantasizing about your wedding dress when are supposed to finish 2 systems in MED SURG?? 🙏🙏

Question 3: Give us an account of a proud moment as a Nursepreneur

Answer: Proud moment..

I can't say sha...

But I think one of those moments would be my FYB Thursday in church when I was the guest speaker to talk on finances.

And I was the only lady amongst 4 brothers on the flyer. 🙏🙏

That tickled everyone's fancy. 😊🙏

THANK YOU, JESUS!!! 🙏

Thank you so much for making today's session interesting and fun. 🙏🙏 Nurses with a difference! 🙏🙏